

Sunny Hunny Triathlon 2024 Start List

Registration: Sat 18th May 1400-1600
(Pool Café) Sun 19th May 0600-0700

Transition Open: 06:00 - 07:30
Race Briefing: '07:20 in transition

Bib No.	Swim Start	Name	Club
100	07:45:00	Brian BLACK	King's Lynn Triathlon Club
101	07:45:30	Richard AGGER	
102	07:46:00	Tiegan MOORE	
103	07:46:30	Carole LOCKE	
104	07:47:30	John TARBARD	
105	07:48:00	Daniel MOORE	
106	07:48:30	Pauline SPARROW	King's Lynn Triathlon Club
107	07:49:00	Jacqui SCOTT	Ryston Runners AC
108	07:49:30	Kerri TURNER	Huffers and Puffers
109	07:50:00	Craig FREESTONE	Three Counties RC
110	07:50:30	Lisa WILSON	
111	07:51:00	Lilly CHURCHYARD	
112	07:51:30	Jade SARFIELD	
113	07:53:30	Bailey TOOK	
114	07:54:00	David TOOMER	
115	07:54:30	Siobhan BAKER	
116	07:55:00	Mark BAKER	
117	07:55:30	John CROWLEY	King's Lynn Triathlon Club
118	07:56:00	Sarah BYATT	
119	07:56:30	Caroline MOORE	Tri Harder
120	07:57:00	Bianca LEWIS	King's Lynn Triathlon Club
121	07:57:30	Nicki EVANS	
122	07:58:00	Vikki POWLES	
123	07:58:30	Stephen BOLT	West Norfolk AC
124	07:59:00	Lynne HOWLETT	King's Lynn Triathlon Club
125	07:59:30	Adam LINNETT	
126	08:00:00	Jack CHILVERS	
127	08:00:30	Gemma HUMAN	Huffers and Puffers
128	08:01:00	Sonia WALKER	Tri-Anglia Triathlon Club
129	08:01:30	Rachael EADLE	
130	08:02:00	Julie ATACK-AUSTIN	Huffers and Puffers
131	08:02:30	Richard GRANT	Huffers and Puffers
132	08:03:00	Leonora MUNSON	
133	08:03:30	Andrew LUNN	
134	08:04:00	Jenny GRICE	Huffers and Puffers
135	08:04:30	Brian LUCAS	
136	08:05:00	Steve WHITELAM	Three Counties RC
137	08:05:30	Eva RICHARDSON	
138	08:06:00	Jayne SPURRIER	Three Counties RC
139	08:06:30	Jay ELMORE	
140	08:07:00	Rachel EARL	
141	08:07:30	Jemma HOLMES	King's Lynn Triathlon Club
142	08:08:00	Irena MARCINEK	Ryston Runners AC
143	08:08:30	Mike SHAW	Vegan Runners UK
144	08:09:00	Phil ROWLAND	Tri Harder
145	08:09:30	Rachel RICHARDSON	
146	08:10:00	Adrian HARRIS	
147	08:10:30	Lisa BROOKS	

148	08:11:00	Emily KEY	
149	08:11:30	Sarah GARROD	Ely Tri Club
150	08:12:00	Julia LODGE	Huffers and Puffers
151	08:12:30	Mike WALDRON	
152	08:13:00	Mike MILLIS	
153	08:13:30	Daniel NORTH	
154	08:14:00	Colin EADLE	
155	08:14:30	Cat FOLEY-WRAY	Ryston Runners AC
156	08:15:00	Rachel COOPER	Three Counties RC
157	08:15:30	Lynsey SWEALES	
158	08:16:00	Stuart ASHWORTH	Velouse Flyers
159	08:16:30	Miriam Lucy REEVE	Huffers and Puffers
160	08:17:00	Mark RISEBOROUGH	Runners next the sea
161	08:17:30	Ellie TOWNSEND	
162	08:18:00	Joanna PALMER	
163	08:18:30	Emma PEARSON	Huffers and Puffers
164	08:19:00	Wayne HOPKIN	King's Lynn Triathlon Club
165	08:19:30	Lucy MCDOWIE	Ryston Runners AC
166	08:20:00	Louise FRANKLIN	
167	08:20:30	Dan PRATT	0
168	08:21:00	Mark MARSAY	
169	08:21:30	Kevin LEWIS	
170	08:22:00	Greg LANCASTER	Tri20 Triathlon Club
171	08:22:30	Suzanne WEDDERBURN	
172	08:23:00	Catherine GOULD	Huffers and Puffers
173	08:23:30	Rebecca HARRIS	Tri Harder
174	08:24:00	Louise POLLARD	
175	08:24:30	Dan PONDER	Tri Harder
176	08:25:00	Fiona RICHARDSON	King's Lynn Triathlon Club
177	08:25:30	Lloyd PEARSON	
178	08:26:00	Sarah ELLIS	Huffers and Puffers
179	08:26:30	Bethan WILLIAMS	
180	08:27:00	Emilia LATTER	Tri Harder
181	08:27:30	Darren DOUGLASS	
182	08:28:00	Alaine FIELDING	
183	08:28:30	Zoe GOURLEY	
184	08:29:00	Lorraine PARKER	Three Counties RC
185	08:29:30	Brad MILLIS	
186	08:30:00	Oakley TOOK	
187	08:30:30	Richard WIGGINTON	
188	08:31:00	Candice HOBSON	
189	08:31:30	Hannah WROTH	
190	08:32:00	Mair MORTON	
191	08:32:30	James EATOCK	
192	08:33:00	Phil NEWTON	Three Counties RC
193	08:33:30	Philippa HOWES	Tri Harder
194	08:34:00	Emily GREENWOOD	
195	08:34:30	Liam DAWSON	
196	08:35:00	Cheryl LENTON	Three Counties RC
197	08:35:30	Matt VINCENT	King's Lynn Triathlon Club
198	08:36:00	Niamh WALTER	
199	08:36:30	Olivia DOIG	
200	08:37:00	Kevin TOOK	King's Lynn Triathlon Club
201	08:37:30	Ian HINCHLIFFE	

202	08:38:00	Colin HAZELL	
203	08:38:30	Sarah ROAN	King's Lynn Triathlon Club
204	08:39:00	Jonathan BUTLER	
205	08:39:30	Ruth O'REGAN	Tri Harder
206	08:40:00	Marc KIMBER	
207	08:40:30	Sophie DEFEW	Tri Harder
208	08:41:00	Luke FRAMMINGHAM	King's Lynn Triathlon Club
209	08:41:30	Mark HOPKISSON	
210	08:42:00	Anthony CUDE	Runners next the sea
211	08:42:30	Mark HILTON	Tri-Anglia Triathlon Club
212	08:43:00	Elizabeth DUTTON	Huffers and Puffers
213	08:43:30	Nick LEE	
214	08:44:00	Natalie SCOTT	
215	08:44:30	William ROCKCLIFFE	King's Lynn Triathlon Club
216	08:45:00	Lauren HILLHOUSE	Huffers and Puffers
217	08:45:30	Grace DUTHIE	Tri-Anglia Triathlon Club
218	08:46:00	Abbie DICKENS	King's Lynn Triathlon Club
219	08:46:30	Sophie DOIG	King's Lynn Triathlon Club
220	08:47:00	Dominic HOWELL	
221	08:47:30	Matthew HUNTER	King's Lynn Triathlon Club
222	08:48:00	Martyn HEDDERMAN	Dartford and White Oak
223	08:48:30	Frank BURNISTON	Tri Harder
224	08:49:00	David HAMMOND	King's Lynn Triathlon Club
225	08:49:30	Jason COLE	Tri Harder
226	08:50:00	Edward MURRAY	West Norfolk AC
227	08:50:30	Chris SEARLE	Tri Harder